



EMOTIONAL AND SOCIAL DEVELOPMENT TRACK

Emotional and Social Development: Birth to 36 Months

Thursday, September 18 9:00 am - 12:00 pm

Lanier DeGrella, NC Infant Toddler Enhancement Project Manager

Linda King, Region 4 Infant Toddler Specialist

Research tells us that healthy emotional and social development is paramount for future development and learning in all domains. During this session, the *Early Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers (Birth to 36 Months)* will be used to review milestones of emotional and social development and strategies infant and toddler teachers can use to support healthy early development in this domain. Participants will also have an opportunity to discuss worrisome and challenging behaviors and practice techniques to help them understand and respond appropriately to these behaviors.

North Carolina's Health Social Behaviors Initiative: What We Do and Why It Matters

Thursday, September 18 1:00 pm - 4:00 pm

Margaret Mobley, Child Care Resources Inc., Statewide Project Manager

This session will focus on the Healthy Social Behaviors initiative and its successes in promoting social-emotional competencies of preschoolers in North Carolina. Participants will learn about the Center on the Social Emotional Foundations for Early Learning (CSEFEL) pyramid model approach to preventing and addressing challenging behaviors. Using this model, behavior specialists across the state partner with teachers to determine strategies to promote social-emotional development, teach children socially appropriate behaviors, and modify early childhood environments to diminish challenging behaviors.

CONSULTATION/CONSULTATIVE RELATIONSHIPS TRACK

Supporting Change Through the Power of Collaborative Relationships

Thursday, September 18 9:00 am - 4:00 pm (1 hour lunch break at noon)

Brenda C. Dennis, Director, Partnerships for Inclusion

Rhodus Riggins, Jr., Inclusion Specialist, Partnerships for Inclusion

There's no denying that the role of a consultant or a technical assistance provider can be challenging- yet rewarding. How can you support change through the power of collaborative relationships? This six-hour interactive session will allow participants to reflect upon their daily consulting experiences through lecture, discussions, group exercises, real-life scenarios, and of course humor. Content will include: review of a consultation framework, strategies for building and maintaining positive consulting relationships, discussion of essential skills of effective consultants including effective communication skills, exploration of reactions to change, and working with resistance.